



March 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2.	3.	4. Anger Management Counseling Services North Bldg. 520512 0800-1100	5. Stress Management Class Lincoln Serra Mesa Community Center Bldg.1538 0830-1000	6. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	7.
8.	9.	10.	11.	12. POWER Workshop Counseling Services Bldg. 1122 0800-1200 ***** Anger Management Lincoln Serra Mesa Community Center Bldg. 1538 0830-1130 ***** Women in Relationships Workshop Counseling Services Bldg. 1122 1230-1630	13. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	14.
15.	16.	17. 	18. Stress Management & Communication Techniques Counseling Services North Bldg.520512 0800-1000	19. Communication & Conflict Resolution Skills Lincoln Serra Mesa Community Center Bldg. 1538 0830-1030	20. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	21.
22.	23.	24.	25.	26. POWER Workshop Counseling Services Bldg. 1122 0800-1200	27. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	28.
29. 	30.	31.				

Counseling Services, Prevention & Education
Call 725-6636/6039 to register for classes