




NOVEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1.	2.	3.	4. Anger Management Counseling Services North Bldg. 520512 0800-1100	5. Stress Management Class San Luis Rey MCFTB Family Readiness Center Bldg.1795 830-1000	6. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	7.
8.	9.	10.	11. VETERAN'S DAY 	12. POWER Workshop Counseling Services Bldg. 1122 0800-1200 ***** Anger Management San Luis Rey MCFTB Family Readiness Center Bldg. 1795 0830-1130 ***** Women in Relationships Workshop Counseling Services Bldg. 1122 1230-1630	13. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	14.
15.	16.	17.	18. Stress Management & Communication Techniques Counseling Services North Bldg.520512 0800-1000	19. Communication & Conflict Resolution Skills San Luis Rey MCFTB Family Readiness Center Bldg. 1795 0830-1030	20. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	21.
22.	23.	24.	25.	26. THANKSGIVING 	27. Combat/Operational Stress Workshop Counseling Services Bldg. 1122 0730-1130	28.
29.	30.					

Counseling Services, Prevention & Education
Call 725-6636 or 763-6938 to register for classes