Who Moved My Cheese?

"MOVING BEYOND THE FEAR OF CHANGE"

In this innovative **one day** workshop you will be provided with the skills necessary to better handle the ever changing environment of the Military through enhancing awareness and removing obstacles that prohibit positive change skills and successful reintegration.

Upcoming Classes

October 27 ● November 17 ● December 1
0800-1230

San Luis Rey MCFTB Family Readiness Center Bldg 1795

FREE Childcare Available!!

MCCS MARINE CORPS FAMILY TEAM BUILDING

Registration required, call to RSVP
(760) 725-9052