

CONGRATULATIONS!

You are registered in the Camp Pendleton

Heartbreak Ridge Run

(1/2 Marathon, 10K, 5K, or 1K Kid's April 11, 2015)

Please read all of this information to make you event experience the best!

BEFORE YOU LEAVE YOUR HOUSE:

- Go to mccscp.com/heartbreak and print out the waiver
- FILL OUT WAIVER COMPLETELY SO IT IS READY WHEN YOU PICK UP YOUR BIB IN THE MORNING!! The bib pickup lines will be minimized if everyone has their waiver pre-filled out and signed.
- All racers must submit a signed (hard copy) waiver when picking up their race supplies and a photo ID.
- NO WAIVER and ID – NO RACE, NO EXCEPTIONS!!
- No dogs/ear buds/strollers

CHECK-IN/BIB/T-SHIRT PICK UP WILL OPEN AT 6:00 AM AND CLOSE PROMPTLY AT 0800 – DO NOT WAIT UNTIL THE LAST MINUTE TO ARRIVE AS YOU MAY MISS THE START OF THE RACE!!

NEW THIS YEAR: Pre-Race packet pick up at Endurance House. 401 N. Coast Highway, Oceanside, CA 92054
THURSDAY, April 9th from 4:00pm – 7:00pm
Store Specials and pre-registration available. Avoid the lines on race morning!

COURSE:

Out and back course – all gravel off-road through the breathtaking terrain of Camp Pendleton in the 43 area – Las Pulgas, home of the 11th Marines. Race course includes rolling hills, the famous Heartbreak Ridge, with some flat and fast stretches intermixed throughout. Course support is plentiful with water, electrolyte replacement, and medical aid stations approximately each mile. See the course map at mccscp.com/heartbreak.

PLEASE NOTE: There is a 3 hour time limit for this event.

DIRECTIONS:

- Take I-5 North of I-5 South to the Las Pulgas exit and continue to the Las Pulgas gate.
- Follow the Race Event Signs to the race site. You will then be directed by volunteers to the closest parking area.
- Note: When coming aboard the base, make sure to have a valid driver's license, proof of insurance, vehicle, registration, and ID's for all passengers.
- Please allow 30 extra minutes for security checks at the gate and travel/parking.

KID'S BIB PICK UP:

- All 1K Kid's bibs are available at the bright YELLOW tent.
- NOTE: 1K kid's runners do not receive participant t-shirts but they do receive finisher medals.

YOUR BIB NUMBER:

- WHEN YOU PICK UP YOUR BIB, VERIFY ALL INFORMATION ON YOUR BIB IS CORRECT
- Your name is spelled correctly
- Your age and gender are correct
- Your race distance and category are correct. "MIL" is military & "CIV" is civilian.
- If there is any incorrect information, please inform us immediately – PRIOR TO RACE START!!

RACE SCHEDULE:

- Bib and t-shirt pick up will open at 6:00 AM and close **promptly** at 8:00 AM.
- The 1K Kid's race starts at 8:05 am with the ½ marathon, 10K, and 5K races to follow quickly thereafter. **For safety on the course, we will be starting in 4 waves: Military ½ Marathon, CIV ½ Marathon, 10K, 5K.**
- Race t-shirts must be picked up prior to the start & you must have your race number to get your t-shirt

- PLEASE BIB ON YOUR FRONT. Please pin your bib on your front stomach or chest and place the timing chip on your shoe (either foot is acceptable).

STAY IN ORDER AFTER THE FINISH LINE:

- When you finish, we will ask you to STOP at the end of the chute turn in your timing chip.

THIS RACE IS BASED ON GUN TIME

- The chip time will give you both an official “gun” time as well as unofficial “net” time from when you cross over the start/finish mats. Due to USAT&F Rule 136, the official order of finish will be based on gun time. We abide by this rule and want to point out that “Net” times are unofficial and are for your personal use only. Competitive runners seeking to medal are encouraged to position themselves near the front of your wave start for the best official “Gun” time result. If you start in an earlier wave, YOU WILL BE DISQUALIFIED!

RESULTS AND AWARDS:

- Unofficial results will be posted at the results tent 30 minutes after the first finisher crosses the line, and then updated every 30 minutes.
- If you see a discrepancy with the award times, please inform the race timing company ASAP.
- If you don't complete the entire course or switch distances, PLEASE LET US KNOW PRIOR TO AWARDS.
- All timing protests must be submitted 15 prior to designated awards ceremony time – after that, awards are OFFICIAL and no changes will be made.
- Awards ceremony for the overall winners will be held at 10am(5K), 10:30(10K), and at 11am (½ marathon)
- Awards are given 3 deep in all age categories and can be picked up at our awards tent at 10am(5K), 10:30(10K), and at 11am (1/2 marathon)
- Complete results will be posted on our website: www.hardcorpsraceseries.com

DAY OF REGISTRATION:

- If you have someone who plans to register the morning of the race, we encourage them to arrive early.
- **We will also take registration at our pre-race packet pick up at Endurance House in Oceanside on THURSDAY, April 9th from 4:00pm – 7:00pm. Save some money by pre-registering.**

HAVE A FUN AND SAFE RACE!