

Adult Resources: Orange County

▪ Financial

- Orange County- Including all benefits in Orange County including WIC and SSA/SSI <http://ssa.ocgov.com/about/services/locations/>
- Financial assistance with paying for child care including: CAL Works, State Preschool, Head Start. <http://bos.ocgov.com/childcare/financial.asp>

▪ Support

- Aging and Disability Resource Connection (ADRC) - The Aging and Disability Resource Connection (ADRC) of Orange County is a visible, reliable, and trusted place where people can obtain information and referrals on all available long-term support services and options for seniors and people with disabilities. <http://adrcoc.org/> 1(800)510-2020
- Easter Seals of Southern California Inc- Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals. <http://www.easterseals.com/> (714)834-1111
- Regional Center Orange County (RCOC) Regional Center of Orange County (RCOC) is one of 21 private, nonprofit organizations contracted by the State of California to coordinate lifelong services and supports for individuals with developmental disabilities and their families. <http://www.rcocdd.com/> (714)796-5100

▪ Transportation

- Orange County Transportation Authority (OCTA) ACCESS A person is eligible for OCTA ACCESS service if they are unable to board or exit a fixed-route bus, get to or from a bus stop due to physical and/or environmental barriers, or does not understand how to ride the bus. Eligibility is based on a person's functional abilities and limitations due to a disability, not a specific diagnosis or disability. <http://www.octa.net/Bus-Transit/Access-Service/Eligibility/> (714)560-5956

▪ Mental/Emotional Behavioral Health

- National Association of Mental Health (NAMI) Orange County The mission of NAMI Orange County is to provide emotional support, education and resources for families, and those affected by mental illness. In collaboration with the entire community, we advocate for a life of quality and dignity, one without discrimination, for all those persons affected by this illness. <http://www.namioc.org/>
- Mental Health Association in California The mission of the Mental Health Association is to provide advocacy, education, information and other assistance necessary to ensure that all people who require mental health services are able to receive the mental health and other services that they need, and are not denied any

other benefits, services, rights, or opportunities based on their need for mental health services. <http://www.mhac.org/>

▪ **Support Group**

- Saddleback Church-Variou support Groups (including medical and mental health) <http://saddleback.com/care/supportgroups>
- NAMI Support Groups <http://www.namioc.org/services/7-support-groups>
- HUGS Orange County http://www.hugs-oc.com/?page_id=23/