

WITHIN
My Reach[®]



Relationships Matter!

Communication ■ Respect ■ Awareness

Decisions ■ Smart Love



Do you know the 7 principles of smart love?

Can you spot communication pitfalls?

Are you in a relationship you'd like to strengthen?

Are you single and wondering what to look for in a future partner?

Within My Reach is a relationship awareness and communication skills program for adults. Participants can be single or in a relationship. Through discussion and fun activities students learn how communication, values, expectations and goals can make or break relationship success. **Relationships really matter!** The quality of our relationships impacts our parenting, work, school, community and life satisfaction. Explore ways to find and support smart, successful relationships.

To learn about upcoming classes please contact Family Advocacy

Program, Prevention & Education: (760)-725-6636

For details visit mccsCP.com/prevention