



Ampornpan Solie
Exceptional Family Member Program
Family Case Worker
SOI, Bldg. 520152
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Welcome to Camp Pendleton!

My name is Ampornpan, and I am your **transitional** point of contact for the Exceptional Family Member Program. Once you have settled in and established your residency, you will be assigned your new Family Case Worker, who will be your permanent point of contact for all of your EFMP related needs. In the meantime, I'm here to help you meet the specific needs of your family as you transition to Camp Pendleton. Following, please find useful resources and contacts to help you get settled:

Military One Source Relocation Assistance Website: Before you move, get some tips on the do's and don'ts. This site has some great tips for moving when you have a family member with special needs. Are you a Pinterest fan? If so, visit their Pinterest Board for more great articles to fit your every need!

- <http://www.militaryonesource.mil/moving>
- <http://pinterest.com/military1source/relocation-assistance-program/>

Relocation Assistance, Camp Pendleton: Whether it's your first move or one of many, the Relocation Assistance Program offers current information about commands, the base, living on and off base, and loaning household goods to get you through until your shipment arrives. Marine and Family Headquarters, Bldg 13150, (760) 725-5704/3802.

- <http://www.mccscp.com/relocation/>

TRICARE: If you are transferring from another region, contact your current region to initiate the transfer process. If you need to seek care before your transfer is processed, contact your current regional contractor to start the referral and prior authorization process.

- Naval Hospital Camp Pendleton: (760) 725-4357
<http://www.med.navy.mil/sites/cpen/Pages/default.aspx>
- United Healthcare: 1 (877) 988-9378
<https://www.uhcmilitarywest.com/uhcmw/portal/home/landing/>



Base Housing: Please note, **not all homes have air conditioning** aboard Camp Pendleton. If your EFM requires A/C, based on a medical need, and this is reflected in your EFMP enrollment letter, please notify the housing office and EFMP when submitting your housing application. (760) 725-5995, pndlfamilyhousing@usmc.mil

- Lincoln Military: www.lincolnmilitary.com
- Hunt Military (DeLuz Housing): www.deluzfamilyhousing.com
 - Required forms for both Lincoln and Hunt:
 - DD Form 1746
 - Privacy Act
 - Registered Sex Offender Form
 - EFMP Enrollment Letter with required accommodations

School Districts on Camp Pendleton:

- North/East: Fallbrook School District: <http://www.fuesd.k12.ca.us>
- South: Oceanside School District: <http://www.oside.k12.ca.us/>

School Liaison Program: <http://www.pendleton.marines.mil/Services/SchoolLiason.aspx>

- Rose Ingersoll: (760) 763-7385 – rose.ingersoll@usmc.mil
- Maria Swanson: (760) 763-7386 – maria.swanson@usmc.mil

Family Care: To access childcare through a CDC or FCC provider, contact the Resource and Referral office. Marine and Family Headquarters, Building 13150, (760) 725-9723.

- <http://www.mccscp.com/familycare/>

San Diego Regional Center: The San Diego Regional Center provides a variety of services to persons with developmental disabilities and their families that are based on individual needs and supports their independence. Services may include diagnosis and evaluation, early intervention services, family training/counseling, and service coordination. You'll need to go through the intake process first either by calling or visiting their website.

- (858) 496-4318, <http://sdrc.org/>

Sincerely,

Ampornpan Solie

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