



HITT

HIGH INTENSITY TACTICAL TRAINING

COMBAT FIT. COMBAT READY.

WORKOUTS



PAIGE FIELDHOUSE

BLDG 1110

MON-FRI @ 1130

21 AREA FITNESS

CENTER BLDG 210750

MON, WED, & FRI @ 0600

43 AREA FITNESS

CENTER BLDG 430320

TUE & THU @ 0600

FOR MORE INFO:

(760) 763-5407/0657