



Care Packages

Who does not like to receive a present in the mail? While most items Marines need are provided to them, many of their preferred items may not be provided. Moms, grandmothers, church groups, and friends often enjoy sending care packages to Marines, because they welcome the opportunity to show support. Care packages are presents from home, but that does not mean a deployed Marine cannot send a package to loved ones back home!

The United States Postal Service (USPS) offers **free packing materials** to families of military members deployed overseas that consists of boxes, tape, Declaration and Custom forms, and labels. For more information on the Military Care Kits, please call:

1. Call (800) 610-8734
2. Press “1” (For English)
3. Press “1” Again (For Operator)
4. Ask for the “MILITARY CARE KITS”

For general information on shipping packages to APO/FPO address, you should visit www.usps.com or call (800) 610-8734





Theme Care Package Ideas

Call Home (or write) Pack

- Note paper and colorful pens
- Phone cards
- Address labels
- Address book
- Pre-addressed special occasion cards
- Love letters from your courting days
- Journals

Medicine Cabinet

- Aspirin
- Band-Aids
- Antibiotic ointment
- Cold medicine
- Seltzer tablets
- Foot powder
- Antacid tablets
- Book about natural health
- Stress reduction CD
- Nutrition magazine
- Multivitamins

Hot Box

- Wasabi peas
- Tamales
- Hot sauces
- Red hot candies
- Fireball candy
- Hot spiced tea
- Hot and spicy peanuts
- Hot and spicy jerky
- Cajun cashews
- Salsa sunflower seeds
- Cans of chili
- Nacho cheese with jalapeños

Morning Coffee Pack

- Favorite coffee(s)
- All the goodies to add... creamer, sugar, flavors, etc.
- Mug
- Tasty cake coffee cakes
- Biscotti
- Pictures of family members in PJs

“Whine” & Cheese Pack

- Video of family/friends whining
- Assortment of cheeses
- Assortment of sausages
- Assortment of crackers

Good Morning Box

- Pop-Tarts
- Cereal bars
- Dehydrated fruit or fruit roll-ups
- Applesauce mini-packs
- Single-serving cereal boxes
- Oatmeal
- Cream of wheat
- Peanut butter/jelly
- Coffees, teas, and hot cocoa
- Sugar/sugar substitute packets
- Powdered coffee creamer

Movie Night

- DVDs
- Popcorn
- Candy
- Nachos
- Dips
- Poster

Good Sport

- Sports magazines
- Popcorn and peanuts
- Favorite team T-shirt or cap
- Video of a local game or your kid’s games
- Autograph from a favorite star

Coming Home Pack

- Picture of your new outfit
- Marines favorite perfume or cologne
- Banner
- Picture of the welcome home decorations
- Dinner menu

Bathroom Box

- Soft toilet paper
- Razors
- Foot powder
- Bars of soap
- Washcloths
- Travel size shampoo/conditioner
- Toothbrush/paste
- Lotions
- Chap Stick
- Mouthwash
- New towel
- Wipes

Go Fish (Put all in a tackle box)

- Fishing magazines
- Goldfish crackers
- Gummy worms
- Go Fish playing cards
- Fisherman’s hat
- Lip balm
- Sunscreen
- Plastic or model boat
- Can of chowder
- Bug spray