

WITHIN  
*My Reach*<sup>®</sup>



# Relationships Matter!

Communication ■ Respect ■ Awareness

Decisions ■ Smart Love



**Do you know the 7 principles of smart love?**

**Can you spot communication pitfalls?**

**Are you in a relationship you'd like to strengthen?**

**Are you single and wondering what to look for in a future partner?**

**Within My Reach** is a relationship awareness and communication skills program for adults. Participants can be single or in a relationship. Through discussion and fun activities students learn how communication, values, expectations and goals can make or break relationship success. **Relationships really matter!** The quality of our relationships impacts our parenting, work, school, community and life satisfaction. Explore ways to find and support smart, successful relationships.

**To learn about upcoming classes please contact Family Advocacy**

**Program, Prevention & Education: (760)-725-6636**