

Baby Boot Camp

New Parent Support Program
Marine & Family Programs West
(Bldg 202860) Camp Pendleton

Baby Boot Camp offers expectant parents the basic information and tools needed to provide loving care for their newborn. Join us for hands on practice as we learn and discuss:



- Basic Infant Care, Birth Plans, Self Care, Bathing, Feeding, Diapering, Pre and Postpartum Emotions, Labor and Delivery, Infant Growth and Development, Infant Safety, Attachment, Bonding, Soothing a Crying Baby, and More!

2019 Schedule

January 31

February 28

March 28

April 25

May 23

June 20

July 18

August 29

September 27

October 24

November 21

December 19

Please Call : 760-725-3884 for registration, location, and directions.