

Baby Boot Camp

New Parent Support Program
San Onofre
(Bldg 51919) Camp Pendleton

Baby Boot Camp offers expectant parents the basic information and tools needed to provide loving care for their newborn. Join us for hands on practice as we learn and discuss:



- Basic Infant Care, Birth Plans, Self Care, Bathing, Feeding, Diapering, Pre and Postpartum Emotions, Labor and Delivery, Infant Growth and Development, Infant Safety, Attachment, Bonding, Soothing a Crying Baby, and More!

2019 Schedule

March 14

June 6

September 12

December 5

Please Call : 760-725-3884 for registration, location, and directions.