



MARINE & FAMILY PROGRAMS BEHAVIORAL HEALTH PROGRAM

Taking Care of Marines, Sailors and Their Families

HAVING DIFFICULTY?
CONTACT US TODAY OR
VISIT DURING WALK-IN HOURS

Phone (760) 763-3CCC (3222)
Fax (760) 763-2CCC (2222)

Hours
Mon-Fri 7:30am-5pm
and by appointment
Walk-in Hours Mon-Fri 1300-1500

CARE MANAGEMENT

Services link individuals and families to Marine & Family Programs such as Personal Financial Counseling, New Parent Support Program and Prevention & Education.



COMMUNITY COUNSELING CENTER (CCC)

MARINE & FAMILY PROGRAMS (M&FP)
MCB CAMP PENDLETON

On-base counseling to help you and your family

130193T A St, Mainside
**Corner of Rattlesnake
Cyn and A St**



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COMMUNITY COUNSELING CENTER

WHAT WE OFFER

Free counseling to service members and their family members.

SERVICES INCLUDE:

- *Individual Counseling*
- *Couples Counseling*
- *Family Counseling*
- *Child and Teen Counseling*
- *Care Management*

Serving service members and their families by identifying needs and supporting them via an integrated system of care partners.

-Couples Counseling-



-Family Counseling-

HOW IT WORKS

Our counselors will partner with you to listen to your concerns and assess your needs. Together, you will develop goals for your counseling sessions. They will also link you to other M&FP Partner Programs so that you are supported through the entire process.

Our team are subject matter experts in the following areas and can offer counseling designed to meet your specific needs.

- *Parent-Child Relationships*
- *Partner and Sibling Issues*
- *Occupational Problems*
- *Anger and Anxiety Issues*
- *Stress and Adjustment Issues*
- *Grief and Loss*

BENEFITS OF COUNSELING

Increased self-confidence, better family communication, improved well-being and overall mission readiness.

COUNSELOR QUALIFICATIONS

All counselors are experienced working with service members and military families. They are licensed and credentialed to practice mental health counseling within the USMC.

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Hours

Mon-Fri 7:30am-5pm
Walk-in Screenings
Mon-Fri 8am-3pm

mccsCP.com/counseling-services