

Baby Boot Camp

New Parent Support Program
Marine & Family Programs West
(Bldg 202860) Camp Pendleton

Baby Boot Camp offers expectant parents the basic information and tools needed to provide loving care for their newborn. Join us



for hands on practice as we learn and discuss:

- Basic Infant Care, Birth Plans, Self Care, Bathing, Feeding, Diapering, Pre and Postpartum Emotions, Labor and Delivery, Infant Growth and Development, Infant Safety, Attachment, Bonding, Soothing a Crying Baby, and More!

2020 Schedule

January 23

February 20

March 5

April 2

May 21

June 22

July 30

August 27

September 17

October 29

November 19

December 17

Please Call : 760-725-3884 and/or <https://www.mccscp.com/newparent/>
for registration, location, and directions.