

# Baby Boot Camp

New Parent Support Program  
San Onofre  
(Bldg 51919) Camp Pendleton

**Baby Boot Camp offers expectant parents the basic information and tools needed to provide loving care for their newborn. Join us for hands on practice as we learn and discuss:**



- Basic Infant Care, Birth Plans, Self Care, Bathing, Feeding, Diapering, Pre and Postpartum Emotions, Labor and Delivery, Infant Growth and Development, Infant Safety, Attachment, Bonding, Soothing a Crying Baby, and More!

## 2020 Schedule

February 13

April 9

June 11

August 13

October 8

December 10

Please Call : 760-725-3884 and/or <https://www.mccscp.com/newparent/> for registration, location, and directions.