

Baby Boot Camp

New Parent Support Program Tricare Outpatient Clinic Temecula

Baby Boot Camp offers expectant parents the basic information and tools needed to provide loving care for their newborn. Join us for hands on practice as we learn and discuss:



- Basic Infant Care, Birth Plans, Self Care, Bathing, Feeding, Diapering, Pre and Postpartum Emotions, Labor and Delivery, Infant Growth and Development, Infant Safety, Attachment, Bonding, Soothing a Crying Baby, and More!

2020 Schedule

January 15

February 19

March 18

April 15

May 20

June 17

July 15

August 19

September 16

October 21

November 18

December 16

Please Call : 760-725-3884 and/or <https://www.mccscp.com/newparent/>
for registration, location, and directions.