

# Parenting Classes

## New Parent Support Program

### Wouldn't it be nice if kids came with instruction manuals?

Parenting class offers parents the tools to raise healthy, happy and cooperative children. Join us as we learn the skills to help build a trusting and loving relationship, and guide behavior with clear communication, effective limit-setting and use of consequences.

Classes are held on Tuesdays from 10:00 am-11:30 am at the Marine & Family Programs West (Bldg. 202860) off of San Jacinto Road.

No pre-registration is required. Parents only please, as childcare is not provided at this time.

## Join Us!

## 2020 Class Schedule

### Class #1

Caring & Connecting with Our Children

1/7, 3/17, 5/26, 8/4, 10/13

### Class #2

Development & Temperament

1/14, 3/24, 6/2, 8/11, 10/20

### Class #3

Protecting Our Children

1/21, 3/31, 6/9, 8/18, 10/27

### Class #4

Emotions: More Than Just Angry & Hungry

1/28, 4/7, 6/16, 8/25, 11/3

### Class #5

Self-Esteem & Cooperation

2/4, 4/14, 6/23, 9/1, 11/10

### Class #6

Effective Communication: Speaking a Child's Language

2/11, 4/21, 6/30, 9/8, 11/17

### Class #7

Structure: End the Chaos

2/18 4/28, 7/7, 9/15, 11/24

### Class #8

Discipline That Works

2/25, 5/5, 7/14, 9/22, 12/1

### Class #9

More About Discipline

3/3, 5/12, 7/21, 9/29, 12/8

- If needed, certificates of completion will be provided to those individuals completing all nine classes within one year.
- [www.mccscp.com/newparent](http://www.mccscp.com/newparent)
- Ph:760-725-3884