



HITT

COMBAT FIT. COMBAT READY.

WORKOUTS

PAIGE FIELD HOUSE

Bldg 1110
Mon-Fri - 1130

21 AREA FITNESS CENTER

Bldg 210750
Mon, Wed, & Fri - 0600

43 AREA FITNESS CENTER

Bldg 430320
Mon, Wed & Fri - 1130

53 AREA FITNESS CENTER

Bldg 530301
Tues & Thurs - 1130

62 AREA FITNESS CENTER

Bldg 620411
Call for workout times

FOR MORE INFO, CALL

(760) 763-5407/0657

Active Duty and Reserves Only

MCCS
SEMPER FIT

mccsCP.com/getfit