

# Del Mar Marina and Sailing Center

## Discover Sailing and Kayaking



Welcome to the Youth Discover Sailing and Kayaking class. Classes will be held Tuesday through Friday from 9:00 am to 4:30 pm. We will be sailing our new Expos 12.5 and kayaking on sit on top kayaks.

Items you will need to bring to class:

**Shoes:** Tennis shoes work great as long as they **do not have a black sole**. No open toed shoes are allowed and shoes are required at all times.

*(Reef walkers or old tennis shoes for kayaking Thursday)*

**Swimsuit:** needed on Wednesday and Thursday

**Change of clothes:** You may get wet on any given day so bring a full change of clothes, with a towel. Also a sweatshirt, or light jacket just in case it gets cold.

**Hat, Sunscreen 30+, Water bottle and Sunglasses** ( crockies to keep them),

**LUNCH:** We have a soda & snack machine, but make sure you bring your lunch and snacks. They will have access to a refrigerator and microwave. We have a water cooler for them to fill up water bottles.

There is a lot of information to cover so it's important to be on time and be ready to learn. We look forward to teaching you how to harness the wind and become a skipper.